

Supplies You Will Need For Vista 2010-2011

For the First Day Only

- **\$5.00 locker deposit** for a school locker for books and coats
- **\$4.00 locker deposit** for a sports locker if you are playing a fall sport
- **\$6 to defray the cost of a Rite-In-The-Rain journal to be used for Outdoor Education** (actual cost \$13)

Checklist of Supplies Needed All Year Long

- Tote bag with handles to carry books to class and back to locker. (Optional)
- Lunch or lunch money (Don't forget it on the first day and every day for the rest of the year.)
- **Pens** (blue and/or black), enough to last you for the year
- **#2 pencils**, enough to last you for the year (Dixon-Ticonderoga are some of the best.)
- **1, three-ring binder with 2-4 dividers** for your Unified Arts classes
- **1, one and half-inch 3-ring binder with 6-8 dividers** for writing workshop and math
- **1, one and half-inch 3-ring binder with 8-10 dividers** for American history, geography, and reading workshop and science workshop
- **One package of white, lined notebook paper** to last the year (You need to carry 5 to 8 sheets in each 3-ring binder.)
- **2 (100 sheet or 200 page) composition books** (size 9.75 x 7.5 inch, usually marbled covers) Watch the sales; they are marked down as low as two for a \$1. These will be used for journals in science and history/geo workshops. *Eighth graders should start the year with the journals from 7th grade if you saved them liked we asked you to do.*
- **1 clipboard**, just the board, no containers
- **2, 32-ounce water bottles, screw tops only, and no pop or squirt tops** (You need two when we go hiking and one to carry to class to stay hydrated during the school day.)


Tool Kit Contents (Carrying Case)

A tool kit is required. The kit is used in all core classes for a variety of activities during the school year.

- **Carrying case**, no boxes (Most cases have holes along one edge with grommets that allow you to carry it in a 3-ring binder.)
- Set of at least **12 colored pencils** (Crayola brand usually are the best.)
- **Black fine-line and/or extra fine-line felt tip pen**, several of them to last the year
- **Pink or white eraser**
- **Pencil sharpener with a cover**
- **Glue stick**

Pencils and pens are also carried in your tool kit.

If you lose, damage beyond repair, or run out of anything, all required supplies can be purchased from the **Vista Store** located in Mr. Viens's room in Mod 4. The store is stocked and run by Vista students. It is open each morning from 7:00 to 7:20 a.m. and by special appointment.

MORE ON THE BACK 

Team Vista's 10 Essentials for Friday Hikes and Observations

Come dressed in appropriate hiking clothes and be ready for our hike and observation on Fridays all year long. To be prepared you will need:

1. **Hiking boots and over-the-ankle hiking socks** (winter boots/socks in the winter)
2. **Rain jacket and pants** that are seam-sealed (available from Team Vista)
3. **Extra clothes** to keep you warm depending on the weather conditions including winter ski hat, fleece/wool layers, extra hiking socks and gloves or mittens
4. **Backpack lined with two trash bags (tall kitchen bag)** Your school book pack is fine as long as it can carry all the essentials that sometimes includes a lunch. Some students have a separate pack for Friday hikes that is larger than their bookpack.
5. **One, 32 oz. water bottle** filled with water, no pop or squirt tops—they leak
6. **Trash bag (lawn bag size)** to sit on if the ground is wet and to be used as an emergency shelter
7. **Extra food** such as several energy bars or other nutritious, high energy food (should not spoil and can be used from week to week)
8. **Flashlight or headlamp, spare batteries and bulb** (You do not need a large one. Get one with double A (AA) or triple A (AAA) batteries. Double A lights usually have two batteries and triple A lights usually have three batteries.)
9. **Complete tool kit** (see above)
10. **Nature journal** (This is one of the five marbled composition books.)

This is a modified version of the **10 Essentials List** hikers and mountaineers have been using for years. We may also ask you to pack sunglasses and/or first-aid supplies too. However, each basecamp carries a first-aid kit, pocketknife, and matches in a waterproof container, fire starter, whistle, and bivy sack.

Remember, each week, you will receive a **preparedness grade worth 30 points** that will appear on your outdoor education progress report.

**SAVE THIS SHEET AT HOME TO REMIND YOU WHAT YOU NEED TO
BE PREPARED EACH DAY AND FOR FRIDAY HIKES AND
OBSERVATIONS ALL YEAR LONG.**