	End of First Quarter Reflection
Name	
Date	Parent Signature at Student-Led Conference

Responses due by Thursday, November 14, 2013, to your basecamp teacher

Academic Habits	Always 5	Usually 4	Sometimes 3	Rarely 2	Never 1
1. I ask for help if I do not		_		_	
understand something.					
2. I bring all the necessary supplies					
to class.					
3. I check my work before I turn it					
in to make sure it satisfies all the					
requirements and is my "best					
work."					
4. I come to class on time.					
5. I complete all my homework all					
the time.					
6. I have my own special place					
somewhere in my house for doing					
my homework.					
7. I have binders set up for all my					
classes with page numbers, titles,					
and all table of contents are up to					
date.					
8. I keep my binders neat and					
organized with sections for each					
class.					
9. I check PowerSchool regularly.					
10. I participate in whole class					
discussions and follow the Five					
Vista Protocols.					
11. I participate in small group					
discussions whether they are table					
groups, triads, or pairs and follow					
the Five Vista Protocols.					
12. I read all the directions before					
taking tests or doing assignments.					
13. I review my tests and					
assignments after I get them back					
to see how I can improve in the					
future.					
14. I set aside specific time for					
doing my homework.					

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15. I study before all tests and				
quizzes.				
16. I set goals and make plans to help me achieve them.				
17. I take notes without prompting by the teacher during lectures, discussions, or videos.				
18. I use my agenda book without prompting to keep track of my events and assignments.				
19. I go to the blog to clarify directions when I am confused.				
20. I go to the blog/teacher to find out what I missed when I am absent.				
21. I use specific strategies and aids to understand and remember information in my classes.				
22. I keep up with my nightly reading.				
23. I read one book at a time and always have it with me in school and at home.				
24. I use specific strategies to help me do my work well and focus my attention.				
25. I always strive to produce my best work by proofreading and reading my work out loud.				
26. At the beginning of each class, I mentally prepare for the class (get my head in the game).				
27. My behavior is consistent with the Vista Affirmations . 28.				

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- 1. First, read all the statements.
- 2. Think carefully about each statement. Be truthful with yourself.
- 3. Use the scale from 1 to 5 to rate yourself for each statement.

The close of the quarter is a perfect time to look back at the previous 45 days or so. Equally important is the chance to look ahead to what you can do to become an even better student. It is also important to look back to last year as a 6^{th} or 7^{th} grader. We will help you in any way we can as long you agree to work as hard as we do.

What three things do you need to work on right now to become a more independent and successful learner?

- Write a paragraph for each one. Include the following in each paragraph:
 - Why is that thing important to be successful?
 - O What is your behavior now?
 - What does it look like?
 - How does it happen?
 - Create an image for the reader.
 - o How will you change it?
 - What is your specific plan?
 - What will the behavior look like when you are successful.
- Proofread your reflection reading it aloud in your head.
- Make sure it is neatly done and free of all GUMS.
- Your response should be at least 7 to 12 sentences long for each paragraph.
- You may type or hand-write your response.
- PRODUCE QUALITY WRITING.
- Check for GUMS and read your response out loud to see if it makes sense.

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